

## **MAKE A DIFFERENCE: VOLUNTEER!**

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### **Policy Council**

Policy Council is made up of parents and community representatives. The Council meets monthly to approve/disapprove the policies and procedures of the Head Start program.

### **Parent Center Committee**

Parents of children currently enrolled in Head Start. This committee elects center representatives, sends questions, requests, concerns to policy council and brings back information discussed at each policy council meeting.

### **Health Advisory Committee**

Members will advise the planning, operation and evaluation of the Head Start Program and suggest workshops for Head Start Parents and Staff.

### **Education Advisory Committee**

Involves committee members in the programs' curriculum, approach to child development and education.

### **Family & Community Partnerships Advisory Committee**

Members participate in enrollment/recruitment and screening process. Takes leadership in activities provided for Head Start families, suggests ways to get parents involved, assists in recruiting volunteers and recruits parents to serve on Head Start committees.

## **BACKGROUND**

Head Start was first created in 1965 to provide children and their families with community support and a comprehensive preschool educational program. In Head Start, children are guided to bring about social competence and a positive self-image. They are assisted in their readiness for kindergarten through the literacy program and a curriculum rich in science, math, language arts, pre-writing, arts and crafts, and music. Transition into kindergarten is made easier through help with record transfers and visits to schools they will attend. Families are also supported and helped to set family goals and plans of action in order to ensure growth and a better future for the entire family.

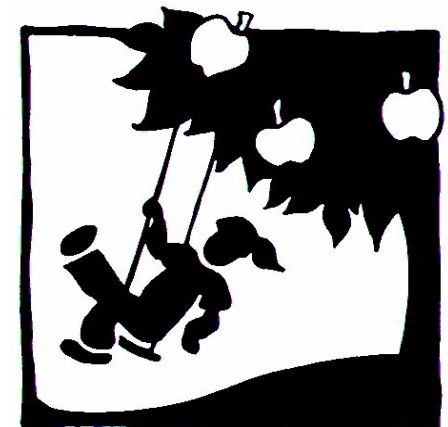
WINCHESTER CITY  
FREDERICK COUNTY  
CLARKE COUNTY

444 Shady Elm Road, Winchester, VA 22602  
Phone: 540-869-1558 Fax: 540-869-5583



CFC # 55402  
CVC# 6110

## **APPLE COUNTRY HEAD START**



**WINCHESTER CITY  
FREDERICK COUNTY  
CLARKE COUNTY**

For General Information  
Call:

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540-869-1558

[www.acheadstart.org](http://www.acheadstart.org)

## LOCATIONS

### ADMINISTRATIVE OFFICES

Poux Center  
444 Shady Elm Road  
Winchester, VA 22602  
540-869-1558  
Fax: 540-869-5583  
8:00-4:00 (Monday-Friday)

#### **Thea Thomas**

Executive Director

#### **Cathie Waldie**

Education & Disabilities Services Coordinator

#### **Cindy Draucker**

Health & Nutrition Services Coordinator

#### **Shannon Triplett**

Family & Community Partnership Coordinator

### POUX CENTER

444 Shady Elm Road  
Winchester, VA 22602  
Family Service Worker & Teachers  
540-869-1558  
Fax: 540-869-5583

### CLARKE COUNTY CENTER

240 Westwood Road  
Berryville, VA 22611  
Family Service Workers & Teachers  
540-955-4575  
Fax: 540-869-5583

### FREDERICK COUNTY CENTER

1481 Senseny Road  
Winchester, VA 22602  
Family Service Workers 540-535-1092,  
540-535-1093 (Bilingual)  
Teachers: 540-535-1094  
Fax: 540-535-1095

### WINCHESTER CENTER

Douglas Community Learning Center  
598 North Kent Street  
Winchester, VA 22601  
Family Service Workers: 540-545-2083,  
540-450-8122 (Bilingual)  
Teachers: 540-450-8143  
Fax: 540-450-8149

**Apple Country Head Start is a state licensed preschool program that provides comprehensive preschool and child development services for income eligible children ages three to five years.**

Each family receives services such as home visits, parent conferences and parent involvement opportunities while partnering with other local agencies in the community to provide services for children with special needs. Family Service staff work closely with each family to help them to identify strengths and develop goals to enhance their family development.

### We provide services:

To Children 3-5 years old (must be 3 by September 30<sup>th</sup>)

Four days weekly (Monday-Thursday)

Four hours per day

August to May

*Fridays are reserved for home visiting, parent activities and staff training.*

### CLASSROOM STRUCTURE

One teacher and one teacher assistant are assigned to each classroom of 18 children. Each family also works closely with a Family & Health Advocate who helps the family identify goals and strategies for achieving them.

Volunteers are needed on a daily basis to help with classroom activities, field trips, special events, meetings, etc. Feel free to call and discuss various opportunities to work with our program.

*A typical daily schedule includes:*

Arrival/Departure

Breakfast/Lunch

Group & Individual activities

Outdoor Play

Self-Help skills such as toileting,

Brushing teeth & hand washing

Field Trips scheduled around a topic of interest or study are scheduled throughout the school year.

## MISSION STATEMENT

The mission of Apple Country Head Start is to prepare children from Clarke County, Frederick County, and Winchester to meet their future school experiences and to provide their families with comprehensive support services in order for them to access resources and maximize opportunities in the community.

## VOLUNTEERING

You have a chance to make a difference your child's life at Head Start by volunteering. There are many ways to get involved.

- ◆ Volunteer to help in classrooms
- ◆ Go with children on field trips
- ◆ Serve as a Center Representative
- ◆ Read a book to the classroom
- ◆ Serve on Advisory Committee
- ◆ Attend Policy Council meetings
- ◆ Help as an aide on the bus
- ◆ Join in on special activities sponsored by Head Start

